



A Positive Behaviour Support helpline during Covid-19

With grant funding from the Dept of Health and Social Care to provide increased availability of support for people in England during Covid-19, Bild have been providing a Positive Behaviour Support (PBS) helpline.

The overall aim of PBS is to improve the quality of a person's life and that of the people around them. PBS is especially appropriate when someone's behaviour is challenging or concerning or when someone is distressed.



“ ...feels like a safety net, and I was definitely held in the safety net today”

Various charities have been referring carers and family members of people with learning disabilities, mental health issues and autistic people to the helpline and now we want to make it available to more people.

Everyone knows it helps to talk to someone who understands their situation, and family and friends will always be people's first choice. However, sometimes it helps to talk to someone who is hearing it for the first time and has experience with similar situations.

Supporters, carers and family members might want to discuss how they are doing, to gain reassurance that they are doing the right thing, or they might want to talk through some ideas and get some practical suggestions.

Bild's qualified and experienced PBS consultants can provide targeted support and strategies to help get through this next phase, based on PBS approaches. They will be providing phone support and people can book an initial half hour call through Eventbrite. To book a free call visit the [Eventbrite page](#).

The helpline has been funded by the Department of Health and Social Care.