

# Sutton Parent Carer's Forum Cafe - CYPDS and Adults Services

**Suzy Mullally**, Team Manager, Children and Young People Disability Service  
**Claire Nelson**, Team Manager for Children & Young People Disability Service  
**Bill Brittain**, Interim Head of Service for Adults with Learning Disabilities

**Salvation Army**

**10.00am - Tuesday 23rd November 2021**



# Agenda for session

10.00-10.10 - Introductions from Bill Brittain and the CYPDS Managers

10.10-10.30 - Short Breaks - Assessment/Provision/Core/Enhanced Offer

10.30-10.45- Preparation for Adulthood - How we can support a positive experience for young people

10.45 - 11.00 - LB Sutton's Preparation for Adulthood Protocol

11.00 - 11.10 - 'My Preparation for Adulthood Tool'

11.10 - 12.00 - Coffee/Questions/Discussion

# What is a Short Break?

- Short Breaks provide opportunities for children and young people to spend time away from their primary carer, taking part in positive activities and working towards agreed outcomes, while also providing much needed breaks for the parent/carer. Short breaks are personal to individual needs and can include day, evening, overnight, weekend, or holiday activities in a range of settings including the home, a residential or community setting.
- Short Breaks are provided based on the identified needs of the child or young person and the identified outcome to work towards:

**Family Resilience**

**Social Integration**

**Independence**

# How can I get a Short Break?

- Following a referral for Short Breaks, the CYPDS team determine eligibility for assessment using the Functional Needs Assessment (FNA). This assessment is to be completed by a health or education professional that knows your child well and details the impact of the child or young person's disability.
- Once the FNA has determined eligibility for assessment, a member of our team will make contact to carry out an Early Help Assessment. This is also where the identified outcome is determined in relation to the purpose of the short break package.

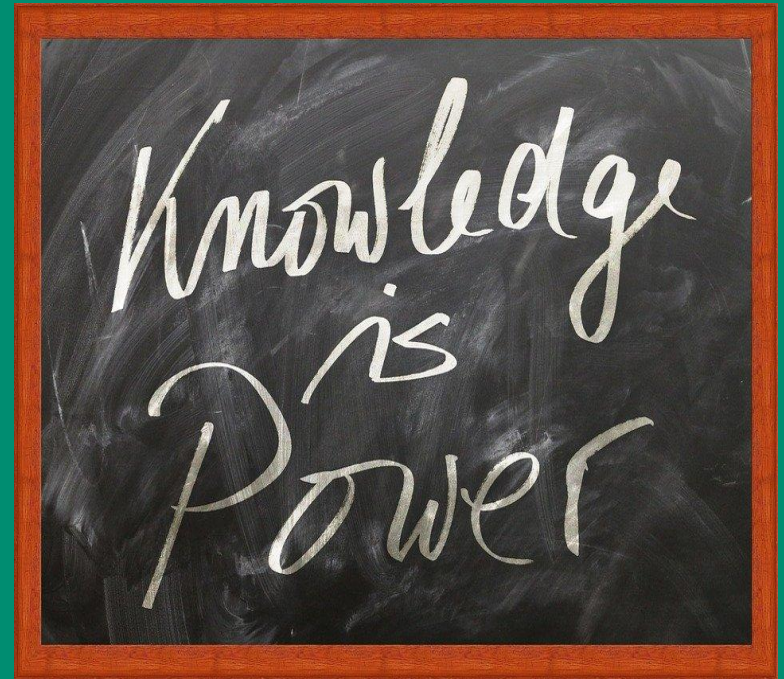
# What packages are available?

CORE OFFER	ENHANCED OFFER
<p><b>Option 1:</b></p> <p>Term Time – A contribution towards one weekly after school club or one alternative weekend activity.</p> <p>School Holidays – A contribution towards one session during each school holiday week for a maximum of 10 sessions</p>	<p>This is a bespoke package of support that enhances the Core offer based on wider family need, environmental factors and complex health needs.</p>
<p><b>Option 2:</b></p> <p>Term Time – Upto a maximum of 3 hours of Personal Assistant support via Direct Payments</p> <p>School Holidays – Upto a maximum of 6 hours of Personal Assistant support via Direct Payments</p>	

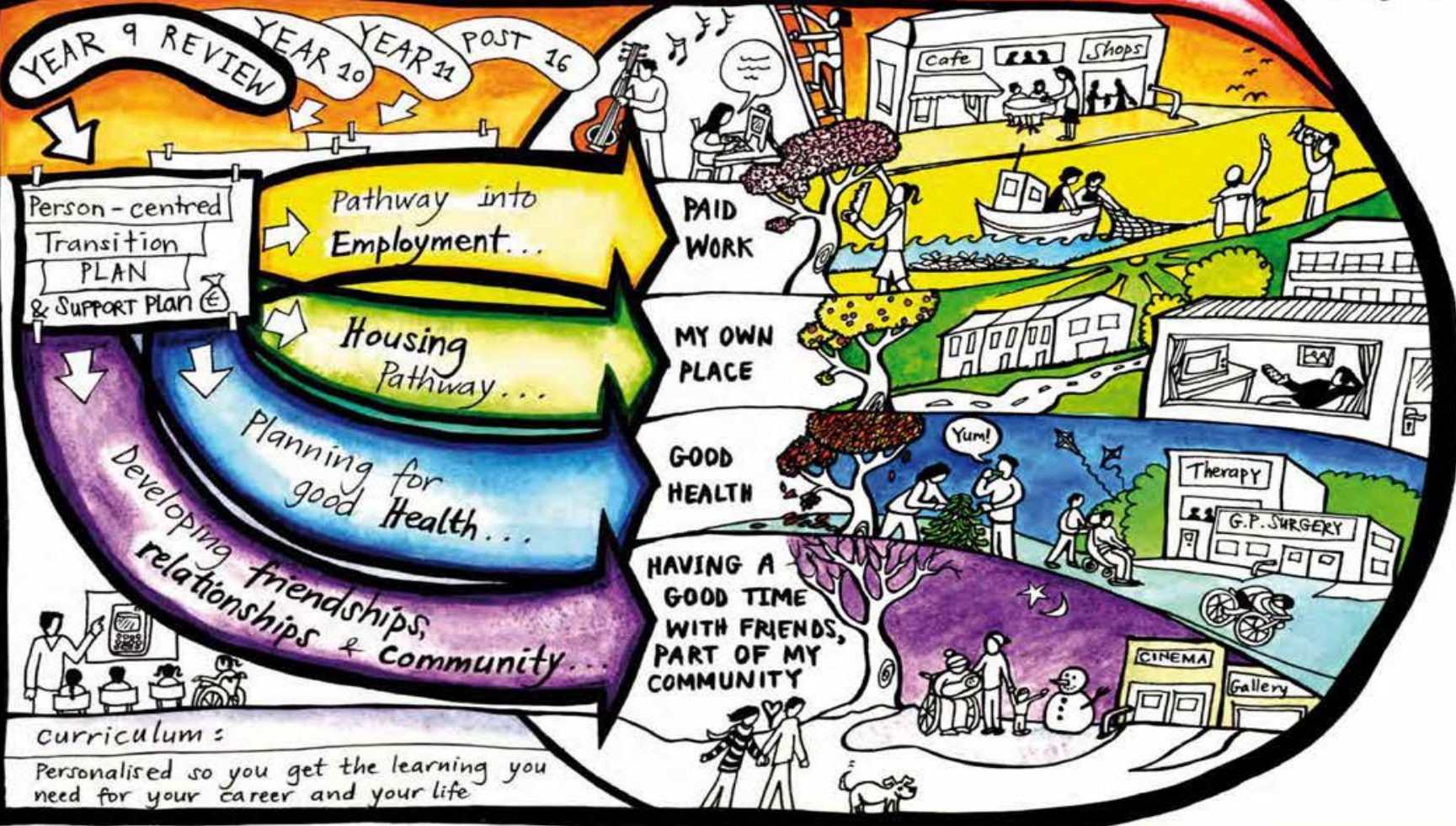
# Where can I find out more?

- Short Breaks Bitesize
- Local Offer
- London Borough of Sutton Website

# What is Preparation for Adulthood?



# PATHWAYS TO GETTING A Life



curriculum:  
 Personalised so you get the learning you need for your career and your life



# My Preparation for Adulthood Tool

- **Person Centred**
- **Focused on PFA pathways to getting a life**
- **Ensures we are all planning together from when our young person is 14 through to adulthood**
- **Supports clear actions agreed with our young person that support their vision of the future**
- **Please help us make this better and work well with your child**

# My Preparation for Adulthood Guide

- Currently in draft
- Education - Employment - Health - Community - Housing
- Guidance re mental capacity/finances/legal
- Checklist by age up to 25
- Resource List (links to Local Offer)

# Transition to Adulthood Protocol

- Year 14 - Identify young people likely to require adult services and begin PFA Planning
  - Ongoing “transition conversations”
- Joint allocation by 17
- Adult health and social care assessments by 17.5
- Process managed by TOG
  - Supported by robust systems
- Process overseen by the Strategic Group

- The Local Offer can be found within the Sutton website - search Local Offer
- Continuously updated
- Dedicated co-ordinator
- Feedback welcomed - [Contact us](#)
- New pfa pages - working group

Local Offer Navigation

- What's On
- FAQs
- Feedback

# Role of Clinical Psychologist and Psychiatrist

# Coffee and Discussion

